

MASTERS PROFESSIONAL TRAINING

*DEVOTED TO CORE-LEVEL HEALING, AWAKENING,
AND INTEGRATION*

February 16th – 24th, 2019 in Maui
with Robert Augustus Masters, PhD
(assisted by Iyeshka Farmer, RPC)



I am happy to be offering this training to professionals in the healing/awakening field, and to have it take place in a beautiful sanctuary in upcountry Maui.

The training's purpose is twofold: (1) to engage in deep core-level personal work; and (2) to deepen and expand your capacity to guide others through an intuitively structured approach that optimally integrates body, mind, emotion, and spirit.

I will be not so much teaching specific techniques as transmitting/providing a context for guiding others into the deepest sort of healing, awakening, and integration.

Through this you'll directly experience the essence of what I've covered in my books, as well as get an inside, illuminating look at the *how* of my way of working. **The training is limited to 10 participants only.**

The training will blend your personal work and your work with others — much of the teaching will directly and naturally emerge from whatever personal work is done. Your experience in the training will be enhanced by being in a group with kindred spirits who are as deeply dedicated to their personal work and evolution as they are to being as effective a guide as possible in their work with others.

I'm delighted to have Iyeshka assisting me. She is the senior trainer of our center, and is an excellent therapist/guide. She runs the MCT courses based on my books. Her presence and capacity for deep insight will make our group all the better.

ABOUT MY WAY OF WORKING

Imagine an approach to healing and well-being that integrates the psychological, somatic, emotional, social, and spiritual with exceptional effectiveness and efficiency. It's **Integral**.

Also imagine that this approach does not operate from any preset methodology, but rather allows structure and direction to spontaneously arise in fitting accord with our real needs, whether in individual, couple, or group contexts. It's **Intuitive**.

And imagine that this approach works deeply and thoroughly with *all* of our emotions, going to the heart of each, recognizing that emotion connects body and mind, past and present, intention and action, containment and expression, biology and biography. It's **Emotion-Focused**.

And imagine that this approach operates in a deeply relational context, making a priority out of illuminating and deepening the connections between ourselves and others, and also between various aspects of us. It's **Relational**.

Finally, imagine that this approach's emphasis on relatedness is rooted in intimacy, not only intimacy with others, but also intimacy with *all* that constitutes us —

including our every emotion — so that the personal, relational, and spiritual are all *together* honored and worked with. It's **Intimate**.

WHO THIS IS FOR

The training is for those who (1) have a minimum of three years working full-time as a psychologist, psychotherapist, or counselor; (2) feel a very strong resonance with my way of working and with my books; and (3) have an abiding passion not only for working with others, but also for their own healing and awakening. (*Some exceptions may be made for those who do not meet the 3-year requirement.*)

Other prerequisites are:

1. Previous work with me (in-person or through a Skype session).
2. To have read my books *Spiritual Bypassing*, *Transformation through Intimacy*, *Emotional Intimacy*, and *Bringing Your Shadow Out of the Dark*, and heard my audio program *Knowing Your Shadow*.

LOCATION

Banyan Tree Bed and Breakfast Retreat in Makawao, Maui. Its lush, peaceful, wonderfully treed two acres include a plantation house, cottages, a large yoga studio, hot tub, and a 50-foot salt water swimming pool. The fun and funky town of Paia with shops and beaches is just a 15 minute drive through beautiful countryside. Makawao is only a ½ mile walk from the retreat and has many shops, galleries, coffee shop, deli, etc.

There'll be ample time between the morning and afternoon sessions to go to the beach or other Maui sites, shop, swim in the pool and rest. We're pleased to have Consuelo's Catering preparing delicious meals for us with local and organic produce, fresh fish & organic chicken. Vegan/vegetarian options are available.

For more, visit: <http://www.bed-breakfast-maui.com>.



LOGISTICS

The group is residential; participants will stay at the Retreat. Check-in is the afternoon/evening of Saturday, February 16th. Check-out is the morning of Sunday, February 24th. Meals begin with lunch on February 16th and end with breakfast on February 24th. The groupwork begins after lunch at 2pm on Sunday February 17th and ends at 5pm on Saturday February 23rd.

\$2500 base tuition

\$600 for all meals

This adds up to **\$3100 base cost without lodging**

Please note: We are charging you exactly what we have to pay for lodging and meals. We are not making a profit on that! 😊

Fees include tuition, 3 catered fresh organic meals/day, lodging for 6 nights, and high Hawaiian taxes. Every room has a queen bed and attached private bathroom! We have sole use of the entire property including the salt water pool, hot tub, and yoga studio.

LODGING IN MAIN PLANTATION HOUSE (where meals/workshop are held)

1. Banyan Suite Single (Largest single w/small enclosed room/porch and separate entrance, plus door that opens into main house.)

<http://www.bed-breakfast-maui.com/en-us/accommodations/banyan-suite>

\$1450 + 3100 = 4,550

2. Bamboo Suite Single (2nd largest single w/small attached room/porch and separate entrance plus door that opens into main house. Also has small kitchenette. Cut stone shower stall.)

<http://www.bed-breakfast-maui.com/en-us/accommodations/bamboo-suite>

\$1450 + 3100 = 4550

3. Palm Single (Smallest, but nice, and near kitchen. No outside entrance.)

http://www.bed-breakfast-maui.com/en-us/palm_suite

\$1150 + 3100 = 4250

LODGING IN COTTAGES:

Rooms in the cottages, literally a few steps away from the Plantation House, also have either full kitchen or kitchenette.

1. Plumeria Cottage Single (smaller single w/kitchenette. Shared wall w/main house but does not open into it. It is separate unit with outside entrance.)

<http://www.bed-breakfast-maui.com/en-us/accommodations/plumeria-cottage>

\$1200 + 3100 = 4300

2. Sue's Cottage (2 Singles, each with private bath and private entrance. Separated by shared kitchenette, dinette set and sitting area. Porch)

<http://www.bed-breakfast-maui.com/en-us/accommodations/sues-cottage>

Sue's #1 \$1450 + 3100 = 4550

Sue's #2 \$1450 + 3100 = 4550

Shared rooms (Beds are not side by side)

3. Hibiscus Cottage SHARED w/King and Queen (large shared room with kitchenette, seating area with couch and dinette set)

<http://www.bed-breakfast-maui.com/en-us/accommodations/hibiscus-cottage>

King \$1100 + 3100 = 4200

Queen \$1100 + 3100 = 4200

4. Gardenia SHARED w/2 Queens (not quite as roomy as Hibiscus, but has full kitchen, dinette set, couch and porch w/hammock) <http://www.bed-breakfast-maui.com/en-us/accommodations/gardenia-cottage>

<http://www.bed-breakfast-maui.com/en-us/accommodations/gardenia-cottage>

Queen #1 \$1100 + 3100 = 4200

Queen #2 \$1100 + 3100 = 4200



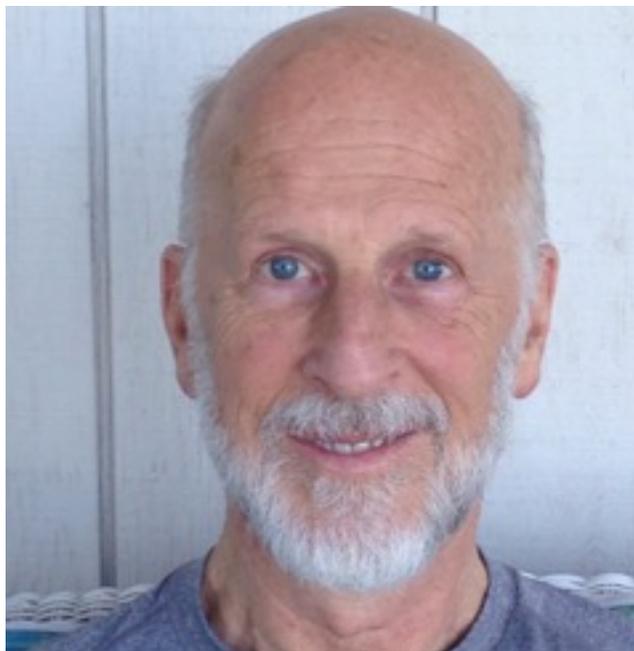
PAYMENT

A deposit of \$800 is required, non-refundable after October 16, 2018. The balance is due January 15, 2019.

If you're interested in attending and haven't worked with me before, the first step is to complete our client application form. You can access this at:

<http://robertmasters.com/client-application/>

The next step is to have a session with me (either in-person or Skype), to do some in-depth work and to make sure that the training is right for you.



Robert Augustus Masters, PhD, is a relationship expert, psychospiritual therapist and trainer, with a doctorate in psychology. His books include *Transformation Through Intimacy*, *Spiritual Bypassing*, *Emotional Intimacy*, and *To Be a Man*. His work blends the psychological, emotional, physical, and social with the spiritual, emphasizing deep embodiment and the development of relational maturity. At essence his way of working is about becoming more intimate with *all* that we are — high and low, dark and light — in the service of the deepest possible healing, awakening, and integration. For more, visit <http://robertmasters.com>.

