

# **WOMEN'S BREAKTHROUGH RETREAT**

***DEEP SHADOW-WORK & HEALING,  
AND TRUE EMPOWERMENT***

**A Residential Group in Maui, Jan 31st-Feb 6th**

**with Robert Augustus Masters, PhD  
(assisted by Iyeshka Farmer)**



Come to beautiful, warm Maui next Winter for some deep-diving shadow-work! Be part of a group of 10 women staying at Banyan Tree Retreat who'll balance deep healing work with wonderful fresh food, swimming, and walking on the beach, sunning and resting in the lush green surroundings.

If you are ready for deeply effective work to cut through whatever is obstructing your capacity to function optimally in every area of your life, this group is for you!

All kinds of issues and concerns — ranging from the deepest trauma to the seemingly trivial — will be addressed through a dynamic, creative mix of psychospiritual guidance, bodywork, emotional opening, dreamwork, and group practices. This will be conducted in the spirit of becoming more intimate with *all* that you are — high and low, dark and light, superficial and deep.

There'll be plenty of rawness, plenty of revelation and deep opening and breakthrough, plus a sense of safety that's solid enough to provide a powerful container (both crucible and sanctuary) for whatever work needs to be done.

The group will also feature cutting-edge shadow-work.

There's a part of us — all of us — that contains what we don't know or don't like or deny about ourselves. And what is this part? *Our shadow*. Trying to get away from our shadow keeps it in the dark, but turning toward and becoming intimate with it (and its roots) is a profoundly beneficial, inherently empowering process.

Becoming intimate with our shadow frees us from being controlled by it. *If we are to live fully, we must bring our shadow elements out of the dark and integrate them with the rest of our being.* Doing so will be at the very heart of this group.

**I'm delighted to have Iyeshka assisting me. She is the senior trainer of our center, and is an excellent therapist/guide. Her presence and capacity for deep insight will make our group all the better.**

**The group is limited to 10 women only.**

## **PREREQUISITES**

1. Previous work with me (in-person or through a Skype session).
2. Have read my books *Transformation through Intimacy*, *Spiritual Bypassing*, and *Emotional Intimacy*, and heard my audio program *Knowing Your Shadow*.

## **LOCATION**

Banyan Bed and Breakfast Retreat in Maui. Its lush two acres include a plantation house, a yoga studio, and a 50-foot swimming pool. Ocean beaches are nearby. For more information, visit: <http://www.bed-breakfast-maui.com>.



## LOGISTICS

The group is residential; participants will stay at the Retreat. Check-in is the afternoon/evening of January 31st. Check-out is the morning of February 6th. The all-inclusive fee includes tuition, accommodation (*6 nights*), all taxes, and 3 meals/day (delicious fresh organic meals using local ingredients; vegetarian with fresh local fish and chicken options; dietary restrictions taken into account):

### 6 Singles w/Queen: \$2975 each

Sue's 2 rooms w/single Queens: 1 RESERVED, 1 RESERVED

Palm single Queen RESERVED

Plumeria single Queen RESERVED

Banyan single Queen RESERVED

Hibiscus single King RESERVED

### 2 Shared Rooms (4 women total)

Gardenia shared 2 Queens: \$2585 each, both AVAILABLE

Bamboo shared Twin: \$2550 RESERVED and Queen: \$2585 AVAILABLE

Please check website for accommodations to see each room:

<http://www.bed-breakfast-maui.com/photos.htm#84753>

Also click on the Site Map link on the left to see layout.

Room choices are first come, first served basis. Please note that if the room is listed as a single, there will not be anyone else in the room, even if there is another (empty) bed there. PLEASE NOTE YOUR FIRST AND SECOND CHOICE. WE'LL DO MY BEST TO ACCOMMODATE YOU!

A deposit of \$500 is required, non-refundable after October 15, 2017. The balance is due December 29, 2017. The groupwork begins after lunch at 2pm February 1st and ends at 6pm February 5th.

If you're interested in attending and haven't worked with me before, the first step is to complete our application form: <http://robertmasters.com/client-application/>

The next step is to have a session with me (either in-person or Skype), to do some in-depth work and to make sure that the group is right for you. My usual fee is \$300 per hour, but for these sessions my fee is \$225 for 50 minutes in-person or \$150 for 30 minutes via Skype.



**Robert Augustus Masters, PhD**, is a relationship expert, psychospiritual therapist and trainer, with a doctorate in psychology. His books include *Transformation Through Intimacy*, *Spiritual Bypassing*, *Emotional Intimacy*, and *To Be a Man*. His work blends the psychological, emotional, physical, and social with

the spiritual, emphasizing deep embodiment and the development of relational maturity. At essence his way of working is about becoming more intimate with *all* that we are — high and low, dark and light — in the service of the deepest possible healing, awakening, and integration. For more, visit <http://robertmasters.com>.

*Robert is a true master of integrated consciousness. I think of him as a Ninja Shadow Tracker who guides us effectively into our territories of resistance, pain and avoidance so we can navigate our way with honesty, full embrace and ultimately with love for our Whole Self. Robert brilliantly facilitates safe space with clear boundaries, profundity, respect, compassion and non-judgmental awareness for each person's process. This is quintessential work for the times we live in and paramount for real transformation to take root and blossom. Robert's work is foundational for becoming the most authentic human being we can be and is at the heart of the spiritual quest.* (Sianna Sherman)

*Robert provides an astounding container. With all of his skill and laser-like insight drawn from a lifetime of experience, I moved through a sad, dark "settling for less" place and found diamonds in that mud. I know where I am going now. Still into the Mystery but with greater ease and the knowledge that all of who I am is welcome, wanted and possible.* (Zoe Alowan)