



MASTERS CENTER FOR TRANSFORMATION



Guidelines for New Clients

Over the past year we've made some significant shifts in our requirements for potential clients. Given that ours is advanced level work — and that our availability is very limited — we can only offer this to those who:

- Have had previous psychotherapy or counseling. (If you have not had such previous experience, we have colleagues — all of whom have been trained by us — we can refer you to for work, either in person, or via Skype or phone.)
- Are not currently on long-term psycho-pharmaceutical medications.
- Have no active addictions or illicit drug use. If you've had an addiction to minor drug use/porn/eating/alcohol, you'd need to be at least 3 months clean/sober/free of such addiction. Also, we do not work with those involved in any business involving illegal drugs.

(In our couples work, we only work with those who are in a basically solid, monogamous relationship and who are deeply committed to staying together long term, with each partner being *already* willing to do whatever work is required to strengthen and deepen the relationship.)

If you want to work with us, and you meet the above guidelines, the first step is to fill out our New Client Application form and return it to us at info@robertmasters.com.

If after receiving your application we feel that your working with us could be a good fit, the next step would, in most cases, be to engage in some work with one of our colleagues, recommended to you by us.

While doing so, we ask that you hear and work with my Sounds True audio program *Knowing Your Shadow*, and begin reading my books *Spiritual Bypassing* and *Transformation through Intimacy* (and, beginning this Summer) *Emotional Intimacy*. Doing so will greatly enhance your sessions.

And what about directly working with me and Diane, and/or doing phone sessions with me? This is usually possible only if you have done sufficient preparatory work with one of our colleagues (including our core faculty members) and have read all the above books and done the *Knowing Your Shadow* program.

This may seem like a lot, but it puts you in a position to make optimal use of your time with us.

We appreciate your interest in our work, and hope that whatever you do with the Masters Center for Transformation benefits you deeply.